

Saudi Citrus Tincture

Mama Mona's Immunity Booster
by Norah Altwaijri

Ingredients:

2 Lemons (thinly sliced)
1 Orange (thinly sliced)
2 inches or so of Ginger (grated)
1 tbsp of Turmeric
1 cup of Raw Honey

Directions:

Mix all the ingredients together and keep it in a container. Take one spoon-full of the remedy and mix it with a cup of hot water and you are good to go! It can stay in the fridge up to a month.

Allergy statement and recommendation:

This recipe contains raw honey, which is not recommended for kids under 12 months. For more information, please research these ingredients and aware of your allergies prior to consumption.

How it should look



Mama Mona

