

Laban al Loz

Fragrant Almond Milk with Orange Blossom Water

By Mouna Lawrence

Ingredients

1 cup blanched almonds
6 cups water, divided
1/2 cup sugar
2 drops almond extract (optional)
1 teaspoon orange blossom water,
or to taste*

Directions

1. Blend the almonds and two cups of the water in a blender and blend until very smooth.
2. Pour into a medium saucepan and add the sugar. Bring the mixture to a boil, reduce heat, and simmer for several minutes. Remove from heat.
3. Add the almond extract, if using, and the remaining 4 cups of water. Let cool to room temperature and strain through a fine sieve and add the orange blossom water. Chill, covered, in the refrigerator.

Note: you can skip straining the mixture if you have a high-speed blender.

**You can buy orange blossom water at your local Gelson's Market or ethnic food store, or [Amazon](#) - you can also splash it in coffee, smoothies, cocktails, fruit salad, or use as a facial toner!*

